Meth Overdose: Know When to Get Help

Meth deaths have increased 600% in the last decade in WA State.

Learn more at stopoverdose.org

Watch for these danger signs:
- Super fast heart rate (2-3x faster than normal)
- High body temperature (sweating or hot, dry skin)
- Really painful headache
- Chest pain or tightness
- Can’t walk or move
- Won’t wake up
- Can’t feel arms or legs
- Seizure or shaking you can’t control

Call 911:
If you see these signs, call 911 or get medical help right away!

The Good Samaritan Overdose Law protects you and the victim from prosecution for drug possession.

Want help to cut down your meth use?
Call the Washington Recovery Help Line at 1.866.789.1511