

SO YOU'VE OVERDOSED...NOW WHAT?

In the next few hours...

Stay with someone for at least 4 hours. They can call 911 if you pass out again, stop breathing, or have other health problems.



Wait out the naloxone before you use again.



If you're dope sick after naloxone, wait to get well. With more opioids you can OD again when the naloxone wears off. See how you feel in 30-90 mins.

In the next few days...

Get a naloxone kit and tell others you have it.

If you've OD'ed once, you're more likely to OD again. Find naloxone and learn more at stopoverdose.org.



Talk to someone.



To see or have an overdose can be upsetting. It can help to talk to someone you trust.

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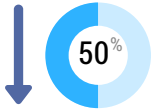
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And when you're ready...

Cut your chance of dying from overdose by 50%



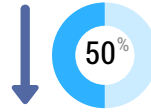
when you take the treatment medications methadone or buprenorphine under the care of a medical provider.

If it's time for a change, there are new, more flexible options for cutting back. Ask your local syringe exchange or call the Recovery Help Line, **1.866.789.1511**.

Affix local resources label here.

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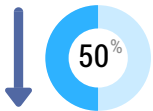


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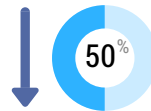
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